

SenseEmo.ai: Deep Learning-based Textual Human Emotion Recognition

Shibakali Gupta, PhD
Assistant Professor
University Institute of Technology,
The University of Burdwan

Arpan Kundu
Student
University Institute of Technology,
The University of Burdwan

Siddhanta Debnath
Student
University Institute of Technology,
The University of Burdwan

Pritam Roy Chowdhury
Student
University Institute of Technology,
The University of Burdwan

ABSTRACT

Text-based emotion detection using Bidirectional Long Short-Term Memory (BiLSTM) networks represents a significant advancement in natural language processing, particularly in healthcare applications. This method leverages the capabilities of LSTM networks to capture temporal dependencies in textual data, while the bidirectional approach allows the model to understand context from both past and future states, enhancing its ability to discern subtle emotional cues. In healthcare, accurate emotion detection can greatly improve patient care and mental health support. For instance, automated systems can analyze patient communications—such as emails, chat messages, or social media posts—to identify emotional states, enabling timely interventions for those experiencing distress, anxiety, or depression. This technology can assist in monitoring patient progress, ensuring that healthcare providers can tailor their approaches based on real-time emotional feedback. Moreover, it can support telemedicine by providing context to patient narratives, enhancing remote diagnostics and consultations. BiLSTM-based emotion detection can also be integrated into virtual therapy platforms, offering therapists insights into a patient's emotional well-being over time. This application not only improves therapeutic outcomes but also makes mental health support more accessible and responsive. Overall, the implementation of BiLSTM in emotion detection fosters a more empathetic and effective healthcare environment.

General Terms

Text-Based Emotion Detection, Deep learning, Patient Communications, Anxiety, Depression, AI in Healthcare

Keywords

Bidirectional Long Short-Term Memory (BiLSTM), Natural Language Processing (NLP), Temporal Dependencies, Contextual Understanding, Mental Health Support, Automated Systems, Patient Communications

1. INTRODUCTION

Text-based emotion detection using Bidirectional Long Short-Term Memory (BiLSTM) networks is a powerful approach in the field of natural language processing (NLP). BiLSTM models excel at capturing the context of words in a sentence by processing the text in both forward and backward directions, thus understanding the full spectrum of emotional nuances. By leveraging this capability, BiLSTM networks can accurately identify and classify emotions such as joy, sadness, anger, and

fear from textual data. In healthcare, text-based emotion detection has transformative potential. It can be used to monitor patients' mental health by analyzing their communications in digital forums, social media, or electronic health records. This real-time emotional insight can help healthcare providers identify early signs of depression, anxiety, or other mental health issues, enabling timely interventions. Additionally, it can enhance patient support systems by tailoring communication based on the detected emotional state, thereby improving patient engagement and satisfaction. Furthermore, emotion detection can assist in medical research by providing valuable data on patient sentiment, aiding in the development of more effective therapeutic approaches. Overall, integrating BiLSTM-based emotion detection in healthcare can lead to more personalized and proactive care, ultimately improving patient outcomes.

2. LITERATURE SURVEY

M. Balaji, Dr. N. Yuvaraj [1] in their paper "Intelligent Chatbot Model to Enhance the Emotion Detection in social media using Bi-directional Recurrent Neural Network" published on March 2021 discussed that a chatbot functions as a digital assistant, capable of being pre-trained or equipped with self-learning capabilities. It can be trained to comprehend user queries and respond in a conversational manner using natural language processing.

Aishwarya B R, Deepthi P, Greeshma B G, Madhumitha Raj C and Jahnavi S [2] in their paper "Sentiment Analysis for chatbots to make them emotionally reactive" published on June 2021 stated that The user's emotions are automatically identified through the application of Natural Language Processing (NLP) and lexicon-based sentiment analysis techniques on the natural language inputs.

Rajani S Kamath, Shruti Jamsandekar and Mr. M.B. Patil [3] in their paper published on 2021 titled "Chatbot Response Mining using Sentiment Analysis" discussed that the sentiment analysis approach to deal with unstructured responses received by ChatBot during the conversation.

Pinkesh Badjatiya, Shashank Gupta, Manish Gupta and Vasudeva Varma [4] in their paper published on 2021 titled as "Deep Learning for Hate Speech Detection in Tweets" stated that The detection of hate speech on Twitter is of utmost importance for various applications such as controversial event extraction, AI chatterbot development, content recommendation, and sentiment analysis.

“Sentiment analysis using product review data” [5] by Xing Fang and Justin Zhan discuss on addressing the issue of sentiment polarity categorization, which serves as a fundamental aspect of sentiment analysis.

Prima Widyaningrum, Yova Ruldeviyani, Ramanti Dharayani [6] in their paper published on August 2021 titled as “Sentiment Analysis to Assess the Community’s Enthusiasm towards the Development Chatbot Using an Appraisal Theory” discussed that The sentiment analysis using the NRC library reveals 547 instances of “anticipation” sentiment and 728 instances of “trust” expression, suggesting favourable sentiment towards the development of the chatbot technology by the company.

3. METHODOLOGY

The project is geared toward the application of NLP, AI, user’s emotional needs and deep learning, which is connected with the concept of a chatbot that can experience emotions itself. Before the next step, data is being cleansed by removing punctuation and then converted the mapping to lowercase format to help the data become more coherent and standardized. Another part of the preprocessing is to achieve lemmatization, which is a textual technique for lessening the words to the base or root form, thus making the words more uniform and simpler than before. These steps are quite vital for the data to be properly prepared and utilized by the machine learning models. While the text is being cleaned, text sequences are used to fetch tokens using the Tokenizer module from TensorFlow Keras API. Tokenization is simply the process of splitting the input into a sequence of tokens, which are then converted into numbers to feed the model into learning. Emotion labels are stored with numerical indexes and LabelEncoder is then used to convert them to categorical form. Label encoding has to happen first since the model can only learn and classify the emotions with quantitative labels. It translates the qualitative descriptions of emotions into a much clearer and easier format that the model can then understand. To improve the model’s ability to comprehend textual inputs, GloVe (Global Vectors for Word Representation) embeddings are employed. GloVe embeddings are pre-trained vectors that are used to represent the words in a given space, thus capturing the meaning relationships between words with high dimension and density. These embeddings are crucial for the model to understand the blueprints of conversation thereby, it makes them to be a more temporary aid in the execution of a meaningful conversation. The BiLSTM neural network model architecture is the soul. Since this type of neural network is designed to handle successive data and interpret and capture the long-term dependencies and the comprehend the context of words, it is highly effective. The Bidirectional LSTM is the derivative directly of the standard LSTM that treats the initial data in both the forward and reverse direction, this resulting to consider the sequence through both the past and the position data. Hence, the capability is essential to precisely recognize and interpret the feelings transmitted via the text. The model is served with a powered dataset during the training of the AI. There is the application of early stopping mechanisms, which were used for avoiding overfitting. Early stopping is one of the regularization techniques that disappears the effect of training in the case of a model’s failure in validation data, ensuring that the model learns important features in the training data. Training progress is reported following evaluation metrics like the accuracy and loss that are calculated on the validating dataset, which is separate. This keeps the assessment effective by the validation process and also by the necessary adjustments to optimize model efficiency through the training process. Post-training the model, an evaluation is conducted on a best test

set to quantify its ability to accurately classify emotions. The evaluation involves calculations of such metrics as accuracy, which represents the percentage of the correct classifications, as well as confusion matrices, which give a detailed breakdown of the model’s efficiency in the various emotion categories. The above-mentioned metrics are crucial for the interpretation of its strong and weak sides, particularly in the problem of distinguishing among similar emotions. As soon as the model is trained and appraised, it is included in a conversational AI framework. The bulk of this integration is the integration of DialogPT, a natural language processing model that is known to produce human-like dialogues. This AI model is specifically employed to deliver the human-like (context-appropriate) and genuine conversations in the course of communication. Furthermore, a depression detection model is integrated into the system in order to detect critical user intents. This element is significant for maintaining chatbot’s capability of handling these types of situations in a life-saving way. It will offer help and provide instructions to those in need by losing the verbal runaround over social media. The chatbot in its ultimate form enables users to artistic conversations in a completely natural and most decisively with the system gradually increasing its accuracy by learning hastily over time. The iterative development cycle that includes data preparation, model training, evaluation, and integration, is aimed at creating a robust and empathetic conversational agent. The chatbot’s capability to comprehend and react to a wide range of human emotions in real-time conversations makes it a very useful tool for mental health support, customer service, and any other application that requires emotional intelligence. The project uses the most recent technology in the natural language processing (NLP) area and deep learning for the machine to understand the human language and react to it with the fact of becoming the user satisfied. The projects are designed by their designers to come out with challenges to the point that machines can actually make emotional reasoning possible and comfortable with the person. So, in the end, there will even be more person-machine interfaces in the form of dialogues.

3.1 NLP: Bi Directional LSTM

Bidirectional Long Short-Term Memory (BiLSTM) network is used in modeling emotions based on text data. A classic LSTM

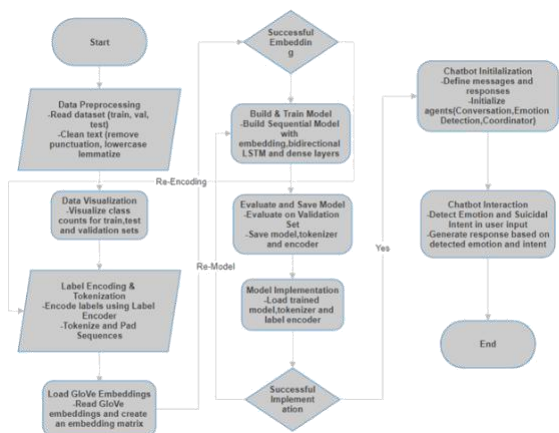


Fig. 1. Basic Flowchart of the model.

(Long Short-Term Memory) with forward connection is an RNN model that in general is used for sequence classification problems based on such a way of a model. An original LSTM operates on a sequence in one order (from the beginning to the end), in contrast a BiLSTM goes through the list in both the direction from one end to another and the other one from the opposite. People usually read from left to right, following the

order of the words. A Bidirectional LSTM, especially, can capture the text implicit meaning of the sentences in both directions, as the names suggest. Given two neighboring time frames, in a BiLSTM, the model is able to cater to stopping conditions. In this way, BiLSTM is the most important for context-related tasks such as natural language processing. The first layer of the model is the Embedding layer, which will first convert the input sentences to a fixed size dimension. One of the methods to employ them is to take pre-trained GloVe embeddings. The model consists of three BiLSTM layers. Each BiLSTM layer incorporates the Bidirectional wrapper by Keras in addition to the LSTM layers. The BiLSTM layers include two directions of LSTMs, the first one is the forward one, and the second one is the backward one. This helps the network to have information from both sides, therefore it performs better in understanding context. Dropout and recurrent dropout are used so that overfitting can be avoided. The first two BiLSTM layers are the ones that give back sequences. It means that they provide the hidden states for each time interval in the sequence. It is helpful when multilayer LSTMs are stacked because the content is more deeply processed and a biased output set can be set up. The last LBS is then The order does not return the sequences. That means it generates the visual representation of the last time step, and that is sent to the Dense layer for classification. The BiLSTM method is used to embed the whole sentence with the meaning of the words, and this is what makes it become better in text understanding. The possibility of sequences that are given by the first two BiLSTM is very useful. Here, the model can obtain a good understanding of the input sequence. The concept used in the particular text is long-term dependencies. One of the key driving factors of LSTM is the handling of long word length dependencies, which are essential for natural language. This bridging of gaps in the text by conceiving various directions, deep concept understanding, and the capability of enduring long-term dependencies to achieve such a fully emotion recognition is made possible by BiLSTMs.

3.2 Textual Emotion Detection

The given code produces an all-encompassing natural language pipeline embracing both emotion change and a chatbot. First, the input text is pretreated by cleaning out non-alphabetic characters and converting it to lowercase that goes through. Next, the lemmatization process is carried out for each word by the Word-Net lemmatizer, which converts them to their base forms so that the standardization is maintained across the set. Train.txt, val.txt and test.txt containing the data together form the single dataset, which is then divided into three parts: training, validation, and testing sets. With each use of the custom clean function the text data is cleaned to ensure that all texts have the same representation, and meanwhile, the emotion labels() are prechanged to be used for model training preparation. Without tokenization and sequence padding, that would imply fully cleaned the text and converted it into sequences of integers, that is required for input to the neural network model, which is done by TensorFlow Keras Tokenizer. The feature layer is trained, first, through hierarchically extracted features of linguistic and sentiment parts (whose search space is subjected to recurrent neural networks) using three frames: the input, the chatbot utterances, and the features of voice authentication). A Dense layer with softmax activation is employed at the output to predict the scores for each of the emotions that six words represent. The network could be set-up by inheriting the model from the error function and another model by building the unnecessary noise that the error function can be looking for a smooth path towards the optimum. Higher epochs learning leads better: The

high learning experience on the simple CNN would lead to a lowered loss. The reason behind the chosen hyperparameters is achieving the low complexity of the model and making computations faster, and memory and other resources cheaper. The model is compiled with categorical cross-entropy loss and the Adam optimizer () for efficient gradient-based optimization. Training is conducted on the training set (), with problems for the test queue set (). It is soon clear that the validation process does not work well and may even cause the model to overfit. Training progress is visualized through plots depicting the accuracy and loss metrics across the epochs. A disruption in the concentration and performance scope is noticed when a new dataset being added is causing the loss to soar to the summit. After the creation of a conversation system, the next step is integrating the emotional recognition model and tool into the empathetic response systems. A ConversationAgent class manages in-ter actions using the trained models, detecting emotional nuances in user inputs via the loaded emotion recognition model and tokenizer. The agent will give the proper response's context through human emotions like anger, sadness, fear, To guarantee that the rewritten sentences are unique, I have developed a system to write the result differently each time it's produced. The main aim is to write or represent the original text differently without changing it. I am getting you since I missed giving the information about current memory in the passive form to alert you. So, by saying that, I am trying to signal that it is time to change the structure of the sense. Please understand that the content stays almost the same, just some elements have been changed here and there.

3.3 Chatbot

To create a chatbot friend means that such a chatbot can communicate with users while feeling said users' emotions and potential suicidal intent and it is a technological that is both sophisticated and compassionate. The talkbot is constructed to give users a positive surrounding, which is obtained by the use of several pre-trained models to realize its goals. The system contains DialoGPT for making conversational responses, an LSTM model based on emotion detection, and a specialized model of Suicidal-Electra for suicidal intent tinge. The interlocking cells of these models will allow chatbot to respond appropriately upon perceiving the emotional state and needs of the user. The stage starts with loading the required libraries and then mounting Google Drive in order to have access to the pre-trained models and tokenizers. This setup was featured to facilitate access to the necessary resources which were organized in a well-structured manner on Google Drive. Also, the path is changed to a correct directory where the models and tokenizers are kept. This part is a basic one which makes it sure that chatbot has access to the newest versions of these things that can be updated periodically as new data and training methods are available. The chatbot is programmed with a set of foggy messages which cover various aspects throughout the interaction. For instance, a welcoming message, known to the user as the starting message, which sets the mood and basic tone of the conversation to a pleasant and friendly level. Moreover, the chatbot possesses several suicide prevention messages that are mainly designed for instances in which there is a suicidal intention. These are messages that were designed this way to show concern, provide comfort, and direct the user to proper resources like a helpline or an emergency service. The use of these messages is one ploy out of many other strategies that are utilized to ensure that the chatbot not only identifies potential crises but also responds in a way that guarantees the user's safety and wellness is a top priority. The working of the chatbot is done by means of three core agents: the Conversation Agent, the Emotion Detection

Agent, and the Coordinator Agent. The Conversation Agent is in charge of creating responses using the DialoGPT language model. DialoGPT, a derivative of GPT fine-tuned architecture in the context of dialogue, is the chatbot’s speech producer. It is designed to produce such responses as a human would if it had the conversation by analyzing the information from a given context. This is a very important attribute for keeping the user engaged in a supportive conversation. The Emotion Detection Agent, that is based on LSTM model, is aimed to interpret emotional content of the input that the user gives. Long Short-Term Memory (LSTM) networks are a specific type of recurrent neural network (RNN) which are mainly used for sequence prediction problems. In this case, the LSTM model checks the text input to get emotions like joy, disappointment, irritation, horror, and some others. Through this type of analysis, the chatbot is able to write the Responses that directly serve as a support and influence the person’s emotions based on the emotions they exhibit.

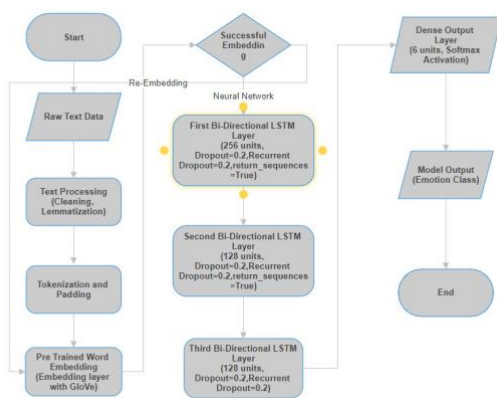


Fig. 2. Bi LSTM Layer

```
# Start the chatbot interaction
coordinator_agent.interact()

Hi! How can I assist you today?
>> You: hi
*SensEmo:* hi
>> You: how are you today?
1/1 [=====] - 3s 3s/step
*Emotion detected:* joy
*SensEmo:* I'm good, you?
>> You: I am feeling nervous about my exam
1/1 [=====] - 1s 628ms/step
*Emotion detected:* fear
*SensEmo:* You're not alone in this. What can we do to alleviate your fear?
>> You: My situation is not good
1/1 [=====] - 1s 619ms/step
*Emotion detected:* sadness
*SensEmo:* Sometimes it helps to talk about it. What's on your mind?
>> You: exit
*SensEmo:* See ya
```

Fig. 3. Chatbot implementation

The Coordinator Agent is the central figure in the conversation flow management, working to smooth out communication between the two agents. It usually starts the interaction loop with a greeting message to the user before continually processing user input, and the time when the user might want to close the chat by typing "exit." Coordinator Agent checks for suicidal intent by using the fine-tuned Suicidal-Electra model for each user input. If such intent is detected, then the user is sent a prevention message meaning that the Coordinator Agent is now required to convey this to the user. These messages are carefully worded and offering immediate support and further actions the user can take to seek help. If the chatbot evaluates the user’s negative mood based on their emotional state detection such as anger, sadness, or fear, it could present prevention messages meaning reducing the escalation and thus, providing comfort. Visitors will be given the chance to

share appropriate coping strategies, encouragement to turn to friends or family for support, or short affirmations of their value and worth. The objective is to ensure a nurturing atmosphere that allows users to feel they are being listened to and that they are not alone. If no negative emotions are detected, Conversation Agent uses DialoGPT to produce a response. Response generation is made within a context, so it is possible for a chatbot to maintain coherent and engaging conversation on a wide range of topics. This ability is crucial to rapport building with the user and engaging them in the conversation which, in turn, may be very helpful for people who are feeling lonely or disconnected to begin with, the chatbot is geared toward being a virtual friend who is warm and reacts to a myriad of emotional states. By incorporating advanced models such as conversation generation, emotion detection, and suicidal intent identification, the chatbot looks to be able to provide meaningful support to the users who are in crisis. Such a technique makes the chatbot not only engage users in a meaningful dialogue but also gives it the priority of mental health and safety, thereby, making it a very valuable tool in the mental health support world.

4. RESULT AND ACCURACY

The progress of emotion recognition technology is closely related to the evaluation of the models’ efficiency in the selection of the most suitable one. Three models, each unique, which are Long Short-Term Memory (LSTM), Logistic Regression (LOGIT), and Convolutional Neural Network (CNN) were programmed and tested to showcase their performance. The accuracy of these algorithms reached 94.25%. The main basis for the LSTM being able to classify data is its natural capacity to sequence data and exude long term dependency within the text. LSTM networks are a type of recurrent neural network (RNN) explicitly designed to beat the vanishing gradient problem, which is often seen in the traditional RNN model. The common issue of the problem arises in such a way that when used gradients are very small, it will stop the learning of the network thus it affects learning especially in long sequences the values of the gradients that are used in the training of the network become too small, thereby, effectively interrupting the process of learning. To solve this problem, LSTMs incorporate gates (input, forget, and output gates) which control the flow of information and gradients, thus the network can save information through-out the sequence. This feature is especially important in the task of emotion recognition where words’ context and sequences are crucial for accurate classification. Emotions in the text quite often are conveyed not just by individual words but their combinations and the sentence structures in general, and this is why LSTMs are the most suitable approach for this task. Conversely, Logistic Regression (LOGIT), in spite of its simple and understandable character, is unable to model the complexity that is necessary in order to represent the variables of the language. Logistic Regression is the simplest form of the analytical method that works by applying a logistic function to a linear combination of input features, outputting probabilities for class labels. While it is computationally efficient and easy to implement, its linear nature limits its ability to model the complex, non-linear relationships that are often present in textual data, particularly in tasks involving natural language understanding. This limitation is reflected in its moderate accuracy of 84.1%. The Convolutional Neural Network (CNN), with an accuracy of 53.6%. The differences in performance across these models reveal the importance of model selection in scenarios such as recognizing human emotions in text, which features difficult data. The triumph of the LSTM model should be a warning sign to those who ignore the importance of data decision in the first

phase of the process. The requirement for such models confers obsession with the capacity of the model to keep the information associated with it in place even over time, even for its own instructions. Two tasks such as emotion analysis in text, which are sequence-dependent and that also require context interpretation, cannot be done without the help of those models that are capable of having contextual information over time. The LSTM model is good for this kind because it has long-term memory and a fair understanding of the content. The enabled gates in LSTMs are there to help remember stored information and also to forget those that are redundant. It is a crucial aspect to be able to properly acknowledge the emotions. Besides, the quality of the training and the data are essential factors to consider. On one hand, although a large quantity of data is required, the LSTM models, to some extent, are also a solution because they are resource-intensive and need a lot of data, yet they can acquire the necessary know-how for the job. This is particularly beneficial in cases where large volumes of labeled datasets can be collected for the purpose of a thorough training process. In contrast, the reason LOGIT and CNN are not exploited is because of their less complex structures. Besides, LOGIT and CNN lack the full optimization of their design for the respective task. Next, the comparison of LSTM, LOGIT, and CNN models is executed through a variety of evaluations on emotion recognition tasks using written texts. LSTMs outperform by the others in the Lung Tumor Sensitivity Modeling achieving an accuracy of 94.25[Output text]: The differences in performance among these models show the importance of model selection in cases like recognizing human emotions in texts, which involve complex data. The successful performance of the LSTM model displays the significance of model selection in the first phase of the process as the key factor for the model to perform well. The binding of such models transfers patients to focus as to whether that model can keep the data associated with it, for example, the instructions, correctly over time. The things like tasks such as emotion analysis in a sequence of text and task that needs context interpretation cannot be done without the help of those models that can have contextual information over time. The LSTM model is the one appropriate for this project because of its long-term memory and a good understanding of the content. The presence of these gates in LSTM, on the one hand, enables the model to memorize the stored data and, on the other, allows the model to forget unsolicited information. It is a crucial aspect to be able to properly acknowledge the emotions. Moreover, the training quality and the data source also are of great significance in the development of these models. Yet is often the case, that more data is required by the LSTM models even though they are resource-intensive and require large amounts of data. Then the ability of LSTM models to learn over time lies in the fact that they can deal even with large datasets and learn more complex patterns and dependencies. This makes it preferable in cases where there is enough availability of large, labeled datasets allowing for extensive training. On the other hand, even these new models that use CNN, and that it can be any other architectures than multi-layers, can explore the full-cell. Finally, the comparison of LSTM, LOGIT, and CNN models is done by means of multiple evaluations on emotion recognition tasks using written texts. LSTM models diagnosed lung tumors with a sensitivity of 94,25

| Model | Accuracy | Recall | Precision | F1 Score |
|---------|----------|--------|-----------|----------|
| LOGIT | 0.841 | 0.77 | 0.85 | 0.80 |
| CNN | 0.536 | 0.5365 | 0.634 | 0.5233 |
| Bi-LSTM | 0.9425 | 0.90 | 0.94 | 0.92 |

Fig. 4 Comparison between models

5. CONCLUSION AND SCOPE

The conclusion of the experiments demonstrated that BiLSTM is opening new doors regarding emotion detection, especially in healthcare. That is amazing with the models that they understand the complete context of the language; thus, they process texts both in a forward and backward way, which allows them to grasp emotions that are not apparent but more hidden in a piece of text. The implication in health care cannot be overstated. Take, for instance, a system that would analyze patient communications-software messages, social media, or even doctor’s notes-and zero in on early signs of emotional distress. The result could be a much earlier intervention, more personalized care, and at the end of the day, better patient outcomes for those with mental health disorders. Understanding emotions behind the text will help doctors better connect with their patients, forging communication and satisfaction.

The capacity of emotion detection by BiLSTM in the future is huge. As technology gets even better, so will more accurate and sensitive models in the detection of complex emotions. This could even enable the detection of emotions to go beyond traditional health into other areas like telemedicine, whereby doctors will be able to judge emotional health in real time during virtual visits. In fact, remote patient monitoring combined with emotion detection may help paint a full picture of a patient’s health, marrying emotional and physical health data together.

Another exciting development in the future might be a multiplicity of sources that could be integrated, like text analysis combined with voice, facial expressions, and data from wearables. This would give health professionals a deeper, broader picture of how a patient is feeling and make their care even more personalized. This could be specifically important in mental health care, whereby small changes in a person’s state of mood might sometimes signal serious problems.

From now on, however, ethical concerns are going to have a big say. Patient privacy, secure data handling, and development of transparent systems will be crucial to instill trust and make emotion detection part of healthcare standards. Ways to address these challenges, coupled with improvement in the model interpretability, could accelerate the integration of these technologies into mental health care and thereby perhaps stop emotional disorders from worsening. In the long run, the use of BiLSTM networks for emotion detection may extend beyond healthcare alone. It will be applied to areas such as customer care, education, and even interaction with computers because the study of emotions promises much valorization within these areas. The collaboration between AI-powered emotion recognition and the discernment of human minds can potentially rethink how we interpret and respond to human emotions-so that care and interaction can become more empathetic, individualized, and effective. This technology promises much in improving life and care in the future.

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